



AoFA Qualification Level 2 Award Emergency First Aid at Work

A one-day course which leads to an AoFAQ certificate that is valid for three years. This course will provide the basic skills and knowledge to undertake emergency first aid at work and is designed for smaller workplaces that present fewer health & safety risks. Training will be focused on emergency first aid within the working environment and will take into account hazards and the types of injury casualties may suffer from. Learners will be trained to give treatment and to recognize when it is necessary to get expert help.

Course contents:

- **Health and safety first aid regulations and the role of an emergency first aider at work**
 - Duties of employers and the legal framework
 - First aid equipment and hygiene procedures
 - Record keeping
- **Managing an emergency**
 - Acting safely, promptly and effectively with emergencies at work
- **The priorities of first aid**
- **The primary survey of a casualty**
- **The secondary survey of a casualty**
- **The unconscious casualty**
- **The casualty who is not breathing normally**
- **Choking**
- **Shock**
- **Heart attack**
- **Common workplace injuries**
 - Bleeding, fractures, burns, scalds and eye injuries

All delegates will be continuously assessed during the course by the trainer and on successful completion, will be awarded an AoFAQ certificate.

Cost:

£60 per learner (minimum charge for 8 learners – maximum 12 learners).

Information:

There are both practical and theory assessments on this course. Due to the nature of the course, it is recommended that the learner wears comfortable clothing.

Times:

The course will start at 09.00 and finish at 16.30.

